

## **Resources and References Handout**

### **Sleep Quality of the Older Adult**

#### Hyperlinks

<http://www.aasmnet.org/> Accessed November 2, 2016

<http://www.americangeriatrics.org/> Accessed November 2, 2016

<https://consultgeri.org/try-this/general-assessment/issue-6.1> Accessed November 2, 2016

<http://epworthsleepinessscale.com/> Accessed November 2, 2016

<http://epworthsleepinessscale.com/about-the-ess/> Accessed November 2, 2016

<http://www.harrisonsim.com/> Accessed November 2, 2016

<https://www.saintalphonsus.org/documents/boise/sleep-Fatigue-Severity-Scale.pdf> Accessed November 2, 2016

<http://www.stanford.edu/~dement/sss.html> Accessed November 2, 2016

<http://www.thoracic.org/members/assemblies/assemblies/srn/questionnaires/sss.php> Accessed November 2, 2016

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